

EDDINGTON SCHOOL NEWS

CALENDAR

**LUNCH
MENU**

ANNOUNCEMENTS

**STUDENT
RECOGNITION**

BIRTHDAYS

PRINCIPAL'S CORNER

CONTACT US


Click Here

CURRICULUM CORNER



Announcements



Eddington Elementary School Parents Page is on Facebook! Click the logo to visit & follow our page for school updates and info.

Dismissal: Please notify the office and your child's teacher of any dismissal changes before 2:00pm (except in cases of emergencies). This helps us get everyone home safely!

RSU #63 Sponsor-A-Child

Christmas is close at hand, and in these hard economic times, many families are struggling to make ends meet. If you are in need of help for making Christmas brighter for your little ones, please call the school office and let us know (843-6010).



PTG INVITES YOU TO

HOLIDAY *Movie Night*

FRIDAY, DECEMBER 8
Doors open @ 5:45
How The Grinch Stole Christmas will begin @ 6:30

Holden School Gym

Movie to be followed by a short dance party with two special visitors

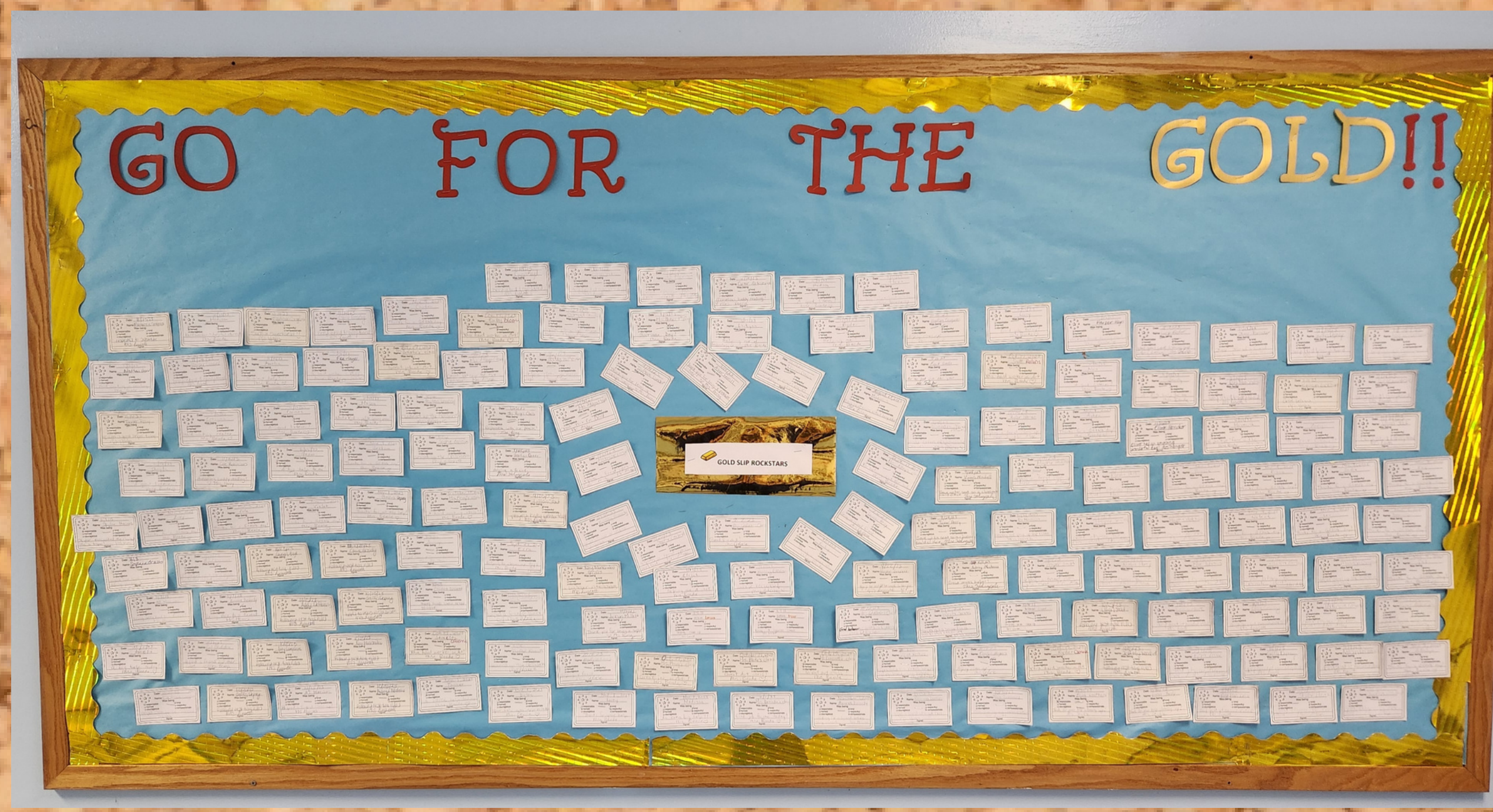
We will have pizza, popcorn & ice cream - please bring your own drinks

Kids are encouraged to come in their PJs.
Bring a blanket & pillow to get comfy

Thank you to Holden Amatos & The Eddington Store for their pizza donation

Holden Garden Club's Garden's Aglow will be 5:30 - 6:30

Our Gold Slip Bulletin Board is almost full for the First Trimester!!



Lost and Found

We have MANY lost items. If any of the items below look like they belong to your student, please let the office know.



Snacks to Fuel Your Brain

Eating healthy, nutritious snacks fuels your brain and boosts your energy.



HEALTHY SNACK IDEAS

Try serving these vegetables raw with hummus, bean dips, or salad dressing:

- Baby carrots
- Celery sticks
- Cucumber slices
- Peppers – red, green or yellow
- Snap peas
- Green beans
- Cherry tomatoes
- Zucchini slices

- Snacks with nuts and low-fat dairy are full of lean proteins and healthy fats and give what a growing brain needs for learning.
- Snacks with whole grains provide a healthy form of energy.
- Snacking on fruits and vegetables along with low-fat milk and other dairy may lead to higher grades.
- Too much junk food has been shown to slow down learning.
- Snacking on unhealthy foods like potato chips, cookies, and candy is connected with childhood obesity.

TIP To save money, buy fruit in season.

HEALTHY SNACK IDEAS

Make a fruit salad or kabob with:

- Apples
- Bananas
- Berries
- Grapes
- Melon
- Oranges



Frozen and canned fruit are as healthy as fresh fruit—and cost less too.

Offer fruits in different ways:

- Unsweetened applesauce
- Dried fruit
- Canned fruit in 100% juice or water
- Frozen fruit avoid those with added sugar

Make snacks healthier by serving whole grains or low-fat dairy with fruits and vegetables:

- Whole grain muffins
- Whole grain crackers
- Baked tortilla chips
- Popcorn
- Nuts or nut butters Children with nut allergies often like sunflower butter.
- Cheese sticks or cubes

Try making some of these quick and healthy snacks:

- Vegetable Sticks with Spread Celery or carrot sticks topped with nut butter or cream cheese (add some raisins)
- Cottage Cheese or Yogurt with Fruit and Granola Try using fresh grapes, frozen berries, or canned peaches or pineapple.
- Mini Bagel with Spread Try cream cheese, nut butter, or hummus.
- Chips and Salsa Use whole grain baked pita chips or baked tortilla chips.
- Taco Roll-Up Small whole wheat tortilla rolled with cheese, beans and salsa.
- Turkey Roll-Up Turkey slice rolled up with cheese.

Drinks to go with healthy snacks:

- Water
- Milk
- Infused water Just add fruit—berries, melons, citrus slices, kiwi, or vegetables like cucumber or celery, or fresh herb leaves (like mint or basil). Mix and match and let it sit for a few hours in the fridge to let the flavors blend.

TIP Pack healthy snacks to grab & go!





PRINCIPAL'S CORNER

[Newsletter Incentive](#)



December 1, 2023

Well, here we are, the beginning of the final month of 2023. The students are excited and ready for the winter break and looking forward to the first sustainable snowfall of the winter season. As the weather gets colder, please remember to send hats and mittens/gloves with your child. In the meantime, plenty of things are happening here at the Eddington School.

The students have been busy preparing for the winter concert that will take place on Thursday, December 7, at 2:00 p.m. at the Eddington School. I look forward to seeing their hard work pay off, and Mrs. Holsapple certainly puts on a great concert every time. We are very lucky to have her in RSU #63.

The first trimester comes to a close on December 8. This is also an early release day for the students in RSU 63. This will allow time for teachers to work on progress reports. Progress reports will be sent home on December 15.

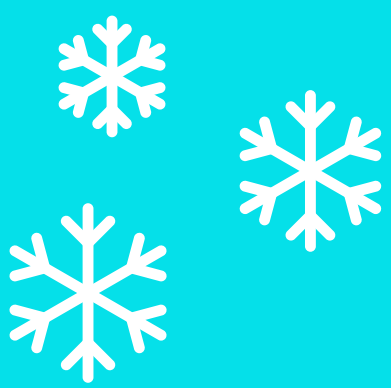
Our holiday theme at the school this year is Rudolph the Red-Nosed Reindeer. On Thursday, December 21, we have various activities for students to participate in, and on Friday, December 22, the school will have a reindeer breakfast. We will need some help, so please stay tuned for more information coming out from the classroom teachers.

Keep practicing those math facts and read to your child each night!!

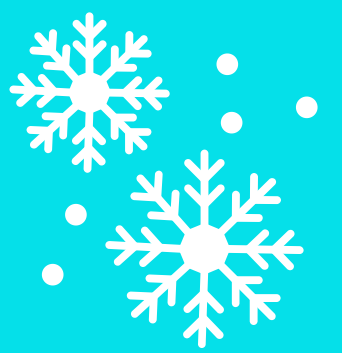
Mr. Baker

The Word of the Week is: Geiser





DECEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7 Winter Concert 2:00 p.m.	8 Early Release at 12:00 noon	9
10	11	12	13	14	15 PROGRESS REPORTS SENT HOME	16
17	18	19	20	21	22 Pancake Breakfast for ALL Students!	23
24	25	26	27	28	29	30
VACATION - NO SCHOOL - ALL WEEK						

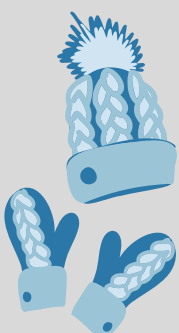
PTG Holiday
Movie Night at
Holden School
Dec. 8 @ 6:30 pm



JANUARY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 HAPPY new YEAR NO SCHOOL	2	3	4	5	6
7	8	9	10	11	12	13
14	15 HOLIDAY NO SCHOOL	16	17	18	19	20
21	22 School Board Mtg. 6:30 pm at Eddington School	23	24	25	26	27
28	29	30	31			



- 2023 -

DECEMBER

EDDINGTON ELEMENTARY SCHOOL

At this time, lunch and
breakfast continues to be
FREE for all students.

*WG = Whole Grain

MONDAY

4

Chicken Strips
Brown Rice
Carrots
Applesauce
Milk

11

Tomato Soup
Ham & Cheese
Sandwich on WG Bread
Tropical Fruit Mix
Milk

18

WG Fish Sticks
Broccoli
Applesauce
Milk

25

TUESDAY

5

Egg Patty
½ WG Bagel
Sausage Patty
Vege. Baked Beans
Pears
Milk

12

French Toast Sticks
Sausage Patty
Vege. Baked Beans
Peaches
Milk

19

WG Pancakes
Sausage Patty
Vege. Baked Beans
Fruit Cocktail
Milk

26

WEDNESDAY

6

Tuna Noodle
Casserole with
WG Egg Noodles
Broccoli
Pineapple Chunks
Milk

13

WG Macaroni & Cheese
Hot Dog
Broccoli
Pears
Milk

20

WG Pasta with
Meat Sauce
Green Beans
Pears
Milk

27

THURSDAY

7

Pepperoni or
Cheese WG Pizza
Baby Carrots
Apple
Milk

14

Pepperoni or
Cheese WG Pizza
Baby Carrots
Apple
Milk

21

Pepperoni or
Cheese WG Pizza
Baby Carrots
Apple
Milk

28

FRIDAY

1

WG Soft Shell Tacos
Cheddar Cheese,
Corn, Salsa
Applesauce
Milk

8

WG Chicken Nuggets
Tater Tots
Banana
Milk

*Early Release Day

15

Hamburger on
WG Roll
Oven Fries
Grapes
Milk

22

Chicken Tender on
WG Roll
Tater Tots
Fruit Cocktail
Milk

29

VACATION – NO SCHOOL ALL WEEK



HAPPY BIRTHDAY

Peyton Lowery
Graham Nason
Jordy Somasundrea
Tanner Perry
Sophia Garland
Elijah Leathers
Isabelle Gerrish
Dominic Jones
Lucy Laverdiere
Brynn Hanscom
Gavin Deprey
Griffin Deprey
Mackenzie Cangelosi
Madison Cangelosi

Dec. 1
Dec. 1
Dec. 4
Dec. 4
Dec. 9
Dec. 13
Dec. 16
Dec. 18
Dec. 18
Dec. 20
Dec. 23
Dec. 23
Dec. 29
Dec. 29

1st Grade
PreK
Kindergarten
Kindergarten
Kindergarten
1st Grade
PreK
1st Grade
Kindergarten
Kindergarten
Kindergarten
Kindergarten
Kindergarten





GOLD SLIPS



Hudson Bryner
Gemma Dualan
Oliver Farricker
Dominic Jones
Adam Morrison
Tanner Perry
Lillian Stout
Jeffrey Woodard
The First Grade Class



NEWSLETTER INCENTIVE



Last week's newsletter incentive winner is Hadley Williams from
Mrs. DeRoche's class!

Don't forget to click the incentive link in the Principal's Corner to enter!





EAGLET WINNERS



Mrs. Alley's Class
Sophia Garland

Mrs. Blake's Class
Elijah Leathers

Mrs. DeRoche's Class
Kohlson Lockhart

Miss Geiser's Class
Fae Hayes

Mrs. Linscott's Class
Kenneth Aucoin

Mrs. Perry's Class
Dominic Jones



CURRICULUM CORNER



Welcome to the Curriculum Corner,

Teachers have been working hard on Curriculum Maps that will be completed by the end of the school year. They will then be available on our District Website along with a Scope and Sequence so you can see what topic your child(ren) is learning and when.

I recently received a great one pager on Dyslexia that I wanted to share. We are required to have a screener for our students. We will, by the end of the year, be using DIBELS 8 as our screening tool. This will be administered to students 3 times a year.

Thank you!

Tina Dumond

Director of Curriculum and Instruction

Gifted and Talented Administrator

McKinney-Vento Liaison

RSU #63

k dumond@rsu63.org (207)843-7769 ext.129

Dyslexia

- is real.**
It's a learning difference that makes reading difficult. It often runs in families. Researchers have been studying dyslexia for more than 100 years.
- is common.**
Some experts say 5 to 10 percent of people have dyslexia. Other say as many as 17 percent show signs of it.
- is lifelong.**
With the right support, people with dyslexia can get better at reading. Many thriving adults with dyslexia say it helped them be more creative and resilient.

Trouble areas

- Sounding out written words
- Recognizing common words in text
- Spelling
- Reading accurately and smoothly
- Understanding what's read
- Writing
- Rhyming
- Solving word problems in math
- Learning a foreign language

Ways to help

1. Step-by-step instructions on the basics of reading, with each concept mastered before moving on
2. Different ways for people to show what they know, like speaking rather than doing a written report
3. Technology like audiobooks and text-to-speech to level the playing field

Understood

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CONTACT INFORMATION

EDDINGTON SCHOOL

843-6010

VISIT YOUR CLASSROOM'S FAMILY WEBPAGE!

PRE-K

KINDERGARTEN

1ST GRADE



STAFF EMAILS

Front Office

Mrs. Smith: kjsmith@rsu63.org

Mr. Baker: tbaker@rsu63.org

Nurse Bickford: dbickford@rsu63.org

Classroom Teachers

Pre-K:

Ms. Leland: aleland@rsu63.org

Kindergarten:

Mrs. Alley: jalley@rsu63.org

Mrs. DeRoche: bderoche@rsu63.org

Ms. Linscott: klinscott@rsu63.org

First Grade:

Mrs. Blake: sblake@rsu63.org

Miss Geiser: jgeiser@rsu63.org

Mrs. Perry: aperry@rsu63.org

Additional Services

Mrs. Haines: vhaines@rsu63.org

Speech Therapy: ssalley@rsu63.org

Occupational Therapy: hfooster@rsu63.org

Literacy Intervention: astickle@rsu63.org

Specialists

Art: hallen@rsu63.org

PE: msagehorn@rsu63.org

Music: sholsapple@rsu63.org

Spanish: mnorris@rsu63.org

Library: ablais@rsu63.org

School Counselor: lmoulton@rsu63.org

